

# MENU

## MERCYHURST PREPARATORY SCHOOL

### WHAT'S COOKING THIS WEEK ...

|                  |  |
|------------------|--|
| <b>Monday</b>    | <b>05-23-22</b>  |
| <b>Horizon</b>   | Pepperoni Stromboli w/Marinara<br><b>Side:</b> Green Beans                             |
| <b>CHX</b>       | Chicken Patty<br><b>Side:</b> Tater Tots   |
| <b>Trattoria</b> | Pasta Bar w/Marinara or Alfredo<br><b>Side:</b> Side Salad                             |
| <b>Nutribar</b>  | Build-Your-Own Salad: Daily Selection of Grain Salad and Fresh Protein, Cottage Cheese |
| <b>Breakfast</b> | Grab & Go Breakfast Options Available  |
| <b>Tuesday</b>   | <b>05-24-22</b>  |
| <b>Horizon</b>   | Orange Chicken over Rice<br><b>Side:</b> Broccoli                                      |
| <b>CHX</b>       | Chicken Tenders<br><b>Side:</b> Curly Fries  |
| <b>Trattoria</b> | Cheese, Pepperoni, Cheddar & Bacon<br><b>Side:</b> Bosco Sticks                        |
| <b>Nutribar</b>  | Build-Your-Own Salad: Daily Selection of Grain Salad and Fresh Protein, Cottage Cheese |
| <b>Breakfast</b> | Grab & Go Breakfast Options Available  |
| <b>Wednesday</b> | <b>05-25-22</b>  |
| <b>Horizon</b>   | Cheeseburger or Hotdog w/Topping Bar<br><b>Side:</b> Baked Beans, Macaroni Salad       |
| <b>CHX</b>       | Boneless Wings<br><b>Side:</b> Tater Tots  |
| <b>Trattoria</b> | Cheese, Pepperoni, Meat Lovers<br><b>Side:</b> Pretzel Stick w/Cheese Sauce            |
| <b>Nutribar</b>  | Build-Your-Own Salad: Daily Selection of Grain Salad and Fresh Protein, Cottage Cheese |
| <b>Breakfast</b> | Grab & Go Breakfast Options Available  |
| <b>Thursday</b>  | <b>05-26-22</b>  |
| <b>Horizon</b>   | Mac & Cheese w/Garlic Breadstick<br><b>Side:</b> Peas                                  |
| <b>CHX</b>       | Chicken Nuggets<br><b>Side:</b> French Fries   |
| <b>Trattoria</b> | Cheese, Pepperoni, Veggie Lovers<br><b>Side:</b> Garlic Breadstick                     |
| <b>Nutribar</b>  | Build-Your-Own Salad: Daily Selection of Grain Salad and Fresh Protein, Cottage Cheese |
| <b>Breakfast</b> | Grab & Go Breakfast Options Available  |
| <b>Friday</b>    | <b>05-27-22</b>  |
| <b>Horizon</b>   | Laker Bowl w/Mashed Potatoes & Gravy<br><b>Side:</b> Corn                              |
| <b>CHX</b>       | Chicken Patty<br><b>Side:</b> Tater Tots   |
| <b>Trattoria</b> | Cheese or Pepperoni<br><b>Side:</b> Side Salad   |
| <b>Nutribar</b>  | Build-Your-Own Salad: Daily Selection of Grain Salad and Fresh Protein, Cottage Cheese |
| <b>Breakfast</b> | Grab & Go Breakfast Options Available  |

### Gluten Free Menu

**\*Ask Server for GF Option**

**5/23** GF Pepperoni Pizza w/ Green Beans

**05/24** Grilled Chicken w/Rice & Broccoli

**05/25** Cheeseburger on GF Bun, Tater Tots

**05/26** GF Mac & Cheese w/Peas

**05/27** Laker Bowl w/Grilled Chicken, Mashed Potatoes & Corn

Menu is Subject to Change Based on Product Availability

Cafeteria Contact Info:

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Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.